

LET'S SAVE THE WORLD TOGETHER

WEEKLY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

15_{TH} APR **13TH MAY** 17_{TH} JUNE 15TH JULY 2_{ND} SEPT **30тн SEPT** Cheese & Tomato Pinwheel 1,7 v Sweet Potato & Bean Pie vo Arrabiata Penne 1 vg Jackets with a Choice of Toppings 7,8,9 **Baked Potatoes Wedges** Peas. Carrots

Peach Crumble 1 vg & Custard 7 Mr Nourish Biscuit 1 vg Yoghurt 3.7. Fruit Pots vo

Beef & Onion Pie 1 Potato Nachos with Bean & Tomato Topping 7 v Cheesy Pasta Twists 1,7 v Jackets with a Choice of Toppings 7,8,9

New Potatoes, Seasonal Vegetables Strawberry Mousse 7

Mr Nourish Biscuit 1 vg Yoghurt 3.7, Fruit Pots vo Roast Gammon & Gravy Vegetable Chilli with Baked Tortilla Chips 1 vg Pesto Pasta 1,7 v Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes Broccoli, Sweetcorn Cornflake Cookie 1.7 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vg

Roast Chicken & Gravy

BBQ Vegetable Burrito 1 vs

Chicken Fajitas 1,4 Vegetable Fajita 1 va Tomato Spaghetti 1 va Jackets with a Choice of Toppings 7,8,9 Rice, Cauliflower, Carrots Traybake Pancake 1,7,9

& Berry or Chocolate Sauce Mr Nourish Biscuit 1 vg Yoghurt 3.7. Fruit Pots vo

Margherita Pizza 1,3,7,9 v Vegetable Nuggets 1 va Salmon Pasta 1,7,8 Jackets with a **Choice of Toppings 7,8,9** Chips, Peas **Baked Beans, Carrot Sticks** Oaty Biscuit 1.15 vg Yoghurt 3,7, Fruit Pots va

WEEK 2

22_{ND} APR **20th MAY 24TH JUNE** 22_{ND} JULY 9тн SEPT **7**TH **OCT**

Chicken Pie 1 Ratatouille & Baked Tortilla Chips 1 vg Pesto Pasta Bake 1,7 v Jackets with a Choice of Toppings 7,8,9 New Potatoes, Seasonal Vegetables

Ice Cream 7 Mr Nourish Biscuit 1 v6 Yoghurt 3,7, Fruit Pots vo

BBO Pulled Pork Loaded Wedges Chinese Vegetable Noodles 1.3.16 v Herby Tomato Penne Pasta 1 vg Jackets with a **Choice of Toppings 7,8,9** Sweetcorn, Couraettes Chocolate Pudding 1,9 & Chocolate Sauce 7

Cheese & Cauliflower Pasta Bake 1,7 v Jackets with a Choice of Toppings 7,8,9 **Rustic Roast Potatoes** Cabbage, Carrots Fruit Jelly vg Mr Nourish Biscuit 1 v6 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo Yoghurt 3,7, Fruit Pots vo

Macaroni Cheese 17 v Vegetable Hot Pot va Tomato & Sweetcorn Pasta Twists 1 v6 Jackets with a Choice of Toppings 7,8,9 Carrots, Green Beans Garlic Bread 1.3.7.9

Peach Sponge 1,9 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Fish Fingers 1,8 Cheese & Spinach Pinwheel 1,7 v Arrabiata Pasta 1 ve Jackets with a Choice of Toppings 7,8,9 Chips, Peas Baked Beans, Coleslaw 9 Ginger Biscuit 1 vg Yoghurt 3,7, Fruit Pots va

WEEK 3

29TH APR 3RD JUNE 1st JULY 16TH SEPT **14TH OCT**

Sweet Chicken Curry Mexican Wrap Stack 1,7 v Cheesy Pasta 1,7 v Jackets with a **Choice of Toppings 7,8,9** Rice, Seasonal Vegetables Herby Bread 1,3,7,9 Apple Crumble 1 vg & Custard 7 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Sausage Roll 1,6 Quorn Sausage & Gravy 1 vg Cheese & Tomato Pasta Bake 1,7 v Jackets with a Choice of Toppings 7,8,9 Mashed Potato Baked Beans, Broccoli Banana & Toffee Cake 19

Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Roast Pork & Gravy Samosa Puff 1 vg Meditteranean Penne 1 vg Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes **Green Beans. Carrots**

Crispy Cake 3,7,16 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Margherita Pizza 1,3,7,9 v Loaded Cajun Bean Wedges vo Pesto & Pea Pasta 1,7 v Jackets with a Choice of Toppings 7,8,9 **New Potatoes** Sweetcorn, Peppers

Lemon Drizzle Cake 19 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Penne Boloanaise 1

Chicken Bites 1 Summer Frittata 7.9 v Macaroni Cheese 1.7 v Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans **Cucumber Sticks**

Caramel Cookie 1.7 Yoghurt 3,7, Fruit Pots v6

WEEK 4

6тн МАУ 10TH JUNE 8TH JULY 23_{RD} SEPT 21st OCT

Jerk Chicken Coconut & Sauash Dhansak Tomato & Herb Pasta 1 vg Jackets with a **Choice of Toppings 7,8,9** Sunshine Rice **Cauliflower, Carrots**

Ice Cream 7 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Singapore Noodles 1,3,16 vg Cheese & Bean Wrap Pocket 1,7 v Tomato & Sweetcorn Pasta 1 vg Jackets with a Choice of Toppings 7,8,9

New Potatoes, Seasonal Vegetables

Jam Tart 1.6 vg & Custard 7 Mr Nourish Bisquit 1 vg Yoghurt 3,7, Fruit Pots vo

Roast Chicken & Gravy Vegetable Toad in The Hole 1.7.9 v Arrabiata Pasta 1 ve Jackets with a Choice of Toppings 7,8,9 **Rustic Roast Potatoes** Cabbage, Peas

Fruit Jelly vg Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

Rice & Bean Burrito 1 vs Cheesy Pasta Twists 1.7 v Jackets with a Choice of Toppings 7,8,9 Baked Wedges, Green Beans Sweetcorn, Garlic Bread 1,3,7,9

Beetroot Cake 1.9 Mr Nourish Biscuit 1 vg Yoghurt 3,7, Fruit Pots vo

4 OPTIONS

Fish Fingers 1,8 Vegetable Pastie 1 vg Pesto Penne 1,7 v Jackets with a Choice of Toppings 7,8,9 Chins. Peas Baked Beans, Coleslaw 9 Vegan Brownie 1 vg

Yoghurt 3,7, Fruit Pots va

AVAILABLE DAILY: Homemade Bread 1.3.7.9

vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

LOOK **OUT FOR** OUR THEMED

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1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten